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While the outcome measure in this study was neonatal mortality, another result of increasing birth weights would be the reduction of neonatal morbidity. Low-weight babies are at higher risk for intracranial hemorrhage and birth asphyxia (12). Without losing sight of the positive contribution of intensive perinatal medical care in reducing morbidity (16), "a strategy aimed at reducing the prematurity rate should be more effective in reducing morbidity in the population than a strategy focused primarily on helping premature babies survive, once factors have combined to cause a premature birth" (12).

In summary, this study has shown that North Carolina's higher neonatal mortality is due entirely to lower birth weights, when compared to the United States, and that little improvement in birth-weight distribution has occurred since at least 1976. Further, from 1981 to 1982 the percent of low-weight births actually increased. Clearly, a major part of our agenda for preventing future neonatal deaths in North Carolina should be the implementation of programs that reduce the number of low-birth-weight babies.

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